

# Are You Safe?

## Are you safe at home or at work?

If you answer No to this question, talk to your caseworker in private.

Take a supportive services information palm card, or brochure available at the County Assistance Office to learn more about resources available to you.



## Ask for help.

You and or your children do not deserve to be abused, harassed, stalked, or deprived; help is available. You may qualify to be excused from certain program rules.

See your caseworker for more information or contact:

**National Domestic Violence Hotline:**

**1-800-799-7233, TTY-1-800-787-3224**

**Pennsylvania Coalition Against Domestic Violence:**

**[www.pcadv.org](http://www.pcadv.org)**

For Sexual Assault or Sexual Violence contact:

**Pennsylvania Coalition To Advance Respect:**

**1-888-772-7227**



Pennsylvania  
Department of Human Services